



PRE-OP INSTRUCTIONS FOR SURGERY

THE DAY PRIOR TO SURGERY

- Fill the medication prescription Dr. Raja has given you
- Have soft foods available such as yogurt, ice cream, oatmeal, scrambled eggs, Jell-O, mashed potatoes and soups. You may begin to eat foods that are more solid when you feel ready.

THE MORNING BEFORE SURGERY

- Eat a light breakfast, your mouth may be numb 4-5 hours after surgery.

MEDICATIONS

- Unless specified by your doctor, all medicines taken on a routine basis should be continued without interruption.
- Notify Dr. Raja if you are taking any of the following medications: Aspirin (including Baby Aspirin), Coumadin, Warfarin, Plavix, Fosamax, Boniva, Aredia, Actonel, or Zometa.

WHAT TO WEAR TO YOUR APPOINTMENT

- Wear clothing that is not restrictive to the chest, neck or arms.
- Wear a loose-fitting top on which the sleeves can be rolled up to the shoulder.
- Leave all rings and jewelry at home.
- **Leave nail polish off your index finger** so we can monitor your oxygen level.

TRANSPORTATION TO YOUR APPOINTMENT

- You may drive yourself to and from the appointment.
Minors (persons under the age of 18 years) must be accompanied by a parent or legal guardian. The accompanying parent or legal guardian must stay inside the office for the duration of the appointment.

WHAT TO EXPECT DURING THE PROCEDURE

- Please visit the restroom immediately before your appointment.
- Local anesthetic injection is designed to provide a pain-free experience for you, the patient. Oxygen and nitrous oxide may also be administered.